

MANAGING ATOPIC DERMATITIS⁴

1. Assure patients and parents of the evidence-based efficacy and safety profile of topical corticosteroids.
2. Choose a topical corticosteroid potency appropriate to the site of the rash.
3. Recommend applying topical corticosteroids liberally to all areas of inflammation, until the atopic dermatitis has gone and the skin is completely clear.
4. Advise patients and parents to continue to use an emollient often once atopic dermatitis has cleared.
5. Advise patients and parents to resume topical corticosteroids promptly to control periodic flares.

Before prescribing or dispensing, please review the Product Information available on request from the manufacturer. Product Information for DermAid and Kloxema available on request from Ego Pharmaceuticals.

DermAid: Use for the temporary relief of minor skin irritations, itching and rashes due to eczema, dermatitis, cosmetics, jewellery, itching genital and anal areas and sunburn. **DermAid 1% solution:** Apply a few drops to the affected area 2–3 times daily as required. Massage in gently. **DermAid 1% spray:** Hold bottle approximately 10 cm from the affected skin and apply 1–2 sprays; 2–3 times daily as required. Massage in gently. **DermAid Soft 1% cream:** Apply a thin layer to affected skin 2–4 times daily as required. **DermAid Soft 0.5% cream:** Apply a thin layer to affected skin 2–4 times daily as required. **DermAid 1% cream:** Apply a thin layer to affected skin 1–2 times daily as required. **DermAid 0.5% cream:** Apply a thin layer to affected skin 1–3 times daily as required. **Contraindications:** Acne, vaccinia, chickenpox, herpes and other viral infections, skin infections, tuberculosis of the skin, syphilitic skin disorders. Known sensitivity to any of the ingredients. **Healthcare Professionals:** Review full Product Information (PI) before recommending DermAid 1% solution, DermAid 1% cream, DermAid Soft 1% cream, DermAid 1% spray.

Kloxema: Short term (up to 7 days) treatment of milder forms of eczema, dermatitis and other steroid responsive skin conditions. **Dosage:** For 12 years and over. Apply a thin film and gently rub in, using only enough to cover the affected area twice daily for up to 7 days. **Contraindications:** Kloxema cream should not be used in patients with a history of hypersensitivity to clobetasone butyrate or to any of the excipients in the product. Rosacea, acne, pruritis without rash, perioral dermatitis; Untreated bacterial infections such as cellulitis, folliculitis, furunculosis or impetigo; Fungal infections such as those associated with tinea (eg athlete's foot, jock itch); Viral infections including cold sores (herpes simplex), chicken pox or shingles (Varicella zoster) or vaccinia; Parasitic infestations such as scabies. Do not use on broken or infected skin or on inflamed skin near chronic ulcers. Topical corticosteroids inhibit wound healing processes and are contraindicated in skin ulcers, cuts and abrasions. **Healthcare professionals:** Review full Product Information (PI) before recommending Kloxema.

PBS Information: Zatamil Lotion and Zatamil Ointment 15g: Restricted benefits. Corticosteroid-responsive dermatoses. Zatamil Lotion and Zatamil Ointment 15g: Authority Required (Streamlined). Refer to PBS Schedule for full authority information. Zatamil Hydrogel and Zatamil Ointment 45g: These products are not listed on the PBS.

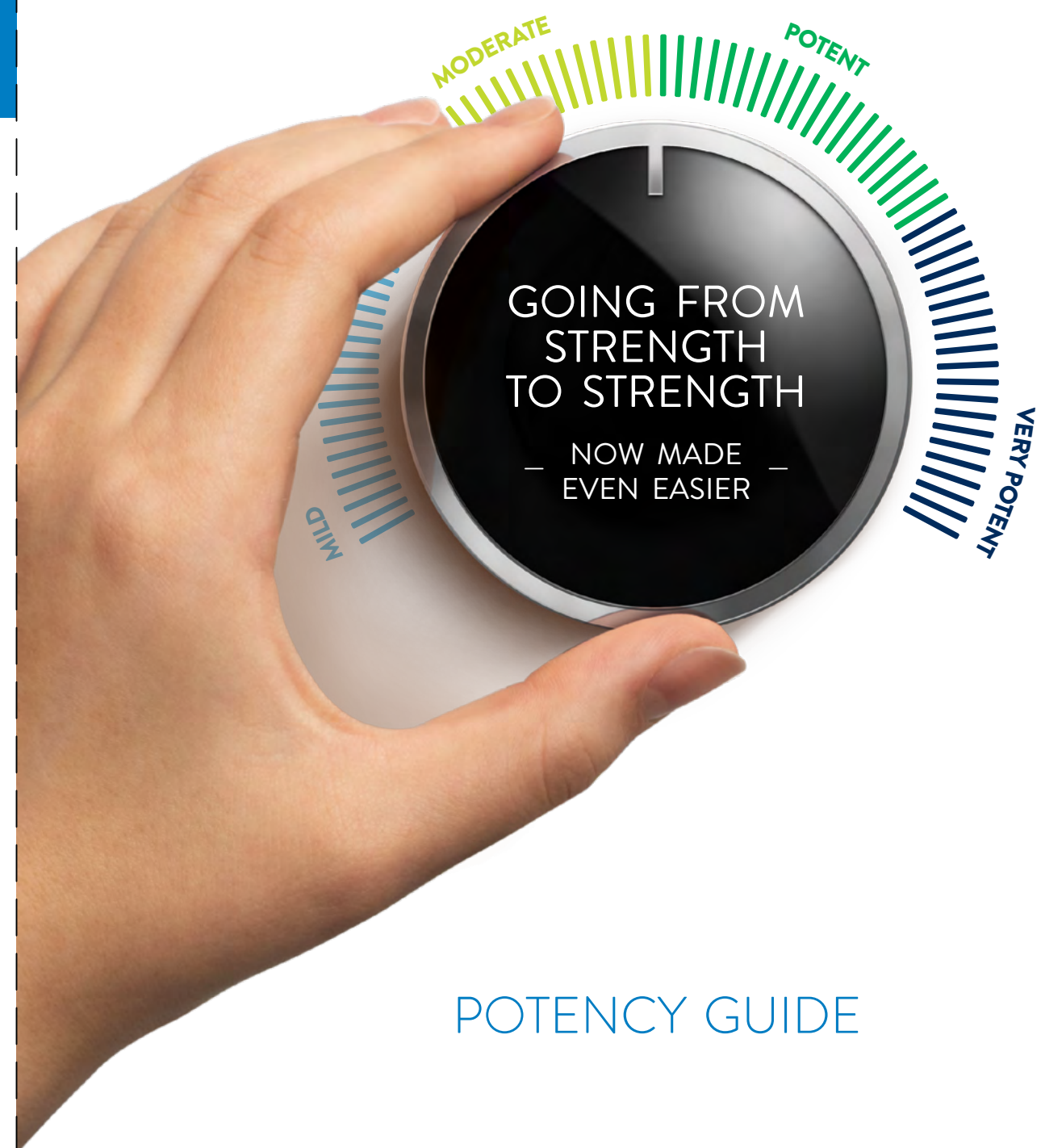
Before prescribing or dispensing Zatamil, please refer to the full Product Information. Full Product Information is available on request from Ego Pharmaceuticals Pty Ltd and can be accessed at ebs.tga.gov.au

Zatamil (mometasone furoate) Hydrogel, Ointment, Lotion – Minimum Product Information Indications: Short term (up to four continuous weeks) relief of inflammatory and pruritic manifestations of corticosteroid-responsive dermatoses, such as psoriasis and atopic dermatitis. Zatamil Lotion is suitable for use in scalp psoriasis and application to other areas of the body. **Contraindications:** Hypersensitivity; tuberculosis; fungal or viral skin infections; acne rosacea; perioral dermatitis; ulcerative conditions. **Precautions:** Irritation or sensitisation; infection; infants and children; prolonged or extensive use; occlusion; eye contact; pregnancy (Category B3); lactation. **Adverse Reactions:** Itching; burning; stinging; skin atrophy; acneiform reactions. **Dosage and Administration:** A thin film of Zatamil Hydrogel or Ointment should be applied to the affected skin area once daily. A few drops of Zatamil Lotion should be applied to affected skin areas including scalp sites once daily; massage gently and thoroughly until the medication disappears. Based on TGA approved PI dated 14/8/2020.

References: 1. MIMS Australia. eMIMS. <https://www.emims.com.au> [accessed July 2019]. 2. Pharmaceutical Benefits Scheme www.pbs.gov.au [accessed July 2019]. 3. Therapeutic Guidelines: Dermatology Expert Group. Therapeutic Guidelines: Dermatology, Topical Corticosteroid Preparations. Therapeutic Guidelines Ltd. June 2019. https://tgldcdp.tg.org.au/viewTopic?topicfile=topical-corticosteroid-preparations&guidelineName=Dermatology#toc_d1e467 (accessed August 2019). 4. Therapeutic Guidelines: Dermatology Expert Group. Dermatitis. 2019. In: eTG Complete [Internet]. Available from: <https://tgldcdp.tg.org.au> (accessed August 2019)

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Topical corticosteroid options for eczema, dermatitis and other steroid responsive skin conditions.



POTENCY GUIDE

Your guide to topical corticosteroids indicated for eczema in Australia¹⁻³



GO FROM STRENGTH TO STRENGTH

Potency ^{*3}	Product name	Generic / strength	Age [^]	Pregnancy category	Recommended dosing	Schedule	Formulation	Pack size [†]	PBS status [#]	Max PBS pack quantity and repeats [#]
VERY POTENT	Diprosone OV®	Betamethasone dipropionate 0.05% (in optimised vehicle)	12+	A	OD or BD	S4	Cream or Ointment	30g	Not PBS listed	n/a
	CLOBEX® SHAMPOO	Clobetasol propionate 0.05%	18+	B3	OD	S4	Shampoo	30mL, 60mL, 125mL	125mL PBS listed (Restricted)	1 + 1 repeat
POTENT	ZATAMIL®	Mometasone furoate 0.1%	All ages	B3	OD	S4	Hydrogel	45g	Not PBS listed	n/a
							Ointment	45g	Not PBS listed	n/a
							Lotion	30mL	PBS listed	1 + 0 repeats
	ZATAMIL®	Mometasone furoate 0.1%	All ages**	B3	OD	S3	Hydrogel	15g	Not PBS listed	n/a
							Ointment	15g	PBS listed	1 + 0 repeats
	Elocon®	Mometasone furoate 0.1%	All ages	B3	OD	S4	Cream	5g	Not PBS listed	n/a
							Cream or Ointment	15g	PBS listed (Restricted)	1 + 0 repeats
							Lotion	30mL	Not PBS listed	n/a
							Ointment	45g	Not PBS listed	n/a
	Novasone®	Mometasone furoate 0.1%	All ages	B3	OD	S4	Cream or Ointment	50g	PBS (Repat)	1 + 0 repeats
							Cream or Ointment	15g	PBS listed (Restricted)	1 + 0 repeats
							Lotion	30mL		
	Momasone®	Mometasone furoate 0.1%	All ages	B3	OD	S4	Cream or Ointment	15g	PBS listed (Restricted)	1 + 0 repeats
							Ointment	50g		
							Cream	30g		
							Cream	45g	Not PBS listed	n/a
							Lotion	30mL	PBS listed (Restricted)	1 + 0 repeats
							Lotion	60mL, 75mL	Not PBS listed	n/a
	Betnovate®	Betamethasone valerate 0.1%	1 year +	B3	OD or BD	S4	Cream or Ointment	2g	Not PBS listed	n/a
								30g	PBS (Repat)	1 + 2 repeats
							Cream	100g	Not PBS listed	n/a
							Scalp Application	30g		
	Diprosone®	Betamethasone dipropionate 0.05%	All ages	A	OD or BD for cream or ointment	S4	Cream or Ointment	5g	Not PBS listed	n/a
								15g	PBS listed (Restricted)	1 + 1 repeat
								50g	Not PBS listed	n/a
					BD for lotion		Lotion	30mL	Not PBS listed	n/a
Eleuphrat®	Betamethasone dipropionate 0.05%	All ages	A	OD or BD for cream or ointment	S4	Cream or Ointment	15g	PBS listed (Restricted)	1 + 1 repeat	
						Lotion	30mL	Not PBS listed	n/a	
Advantan®	Methylprednisolone aceponate 0.1%	4 mths+	C	OD (BD for psoriasis)	S4	Cream or Ointment	15g	PBS listed (Restricted)	1 + 0 repeats	
						Fatty Ointment	15g			
						Cream or Ointment or Fatty Ointment	5g, 10g, 30g, 50g, 100g	Not PBS listed	n/a	
						Lotion	20g	PBS listed (Restricted)	1 + 0 repeats	
							50g	Not PBS listed	n/a	
MODERATE	KLOXEMA®	Clobetasone butyrate 0.05%	12+	A	BD	S3	Cream	30g	Not PBS listed	n/a
	Eumovate®, Becoderm-C® flare up eczema and dermatitis cream	Clobetasone butyrate 0.05%	12+	A	BD	S3	Cream	15g	Not PBS listed	n/a
								30g		
	Antroquoril®, CELESTONE-M®	Betamethasone valerate 0.02%	All ages	A	2-3 times daily	S4	Cream	100g	PBS listed (Restricted)	2 + 0 repeats
	Betnovate® 1/5, Cortival® 1/5	Betamethasone valerate 0.02%	1 year+	B3	Up to 4 times daily	S4	Cream	100g	PBS listed (Restricted)	2 + 0 repeats
	Aristocort®, Tricortone®	Triamcinolone acetonide 0.02%	All ages	B3	3-4 x / daily	S4	Cream or Ointment	100g	PBS listed (Restricted)	2 + 0 repeats
	Betnovate® 1/2, Cortival® 1/2	Betamethasone valerate 0.05%	1 year +	B3	OD or BD	S4	Cream	15g	PBS listed (Restricted)	1 + 1 repeat
Ointment							15g	Not PBS listed	n/a	
						Cream or Ointment	30g			
MILD	DERMAID® 0.5%, 1.0%	Dissolved Hydrocortisone 0.5%	2 years +	A	1-3 x / day	S2	Cream	15g, 30g	Not PBS listed	n/a
		Dissolved Hydrocortisone 1.0%			1-2 x / day	S3	Cream	15g		
							Cream or Hydrogel	30g		
							Solution 1% or Spray 1%	30mL		
	DERMAID® SOFT 0.5%, 1.0%	Dispersed Hydrocortisone 1.0%	2 years +	A	2-4 x / day	S3	Cream	15g, 30g	Not PBS listed	n/a
		Dispersed Hydrocortisone 0.5%				S2				
	Cortic-ds®, Sigmacort®	Hydrocortisone acetate 1.0%	All ages	A	2-4 x / day	S3	Cream or Ointment	30g	PBS listed (Restricted)	1 + 1 repeat
						S4		50g		
	Desowen®	Desonide 0.05%	2 years +	B3	2-3 x / day	S4	Lotion	10mL, 30mL, 60mL, 100mL	Not PBS listed	n/a
Cream or Ointment							25g, 30g, 50g, 60g	n/a		

^{*} Potency classification based on vasoconstrictor studies. Potency classifications based on vasoconstrictor effect do not always correlate with therapeutic efficacy.
^{**} Do not use for children under 12 years unless advised by a doctor.
[†] Children have a greater surface to mass ratio than adults, and so may be at greater risk of adverse events from increased dosages. Long term therapy in children should be avoided as adrenal suppression may occur.
[‡] Not all pack sizes may be marketed in Australia
[#] Sep 2020. Refer to full PBS Schedule for any changes, further information and authority listings.